

101 ULTIMATE SPORTS CAMP

Featuring:

BASKETBALL VOLLEYBALL

BALL HOCKEY

SWIMMING SOCCER

SKATING

DODGEBALL LACROSSE

BASEBALL

SR. SPORTS CAMP - 7 - 12 yrs

Full day: 9:00am - 4:00pm
Ages 7 - 12 yrs
Fee 4 days: \$140.00

(MEAL PLAN AVAILABLE)

Half day: 9:00-12:00pm or 1:00-4:00pm
Ages 7 - 12 yrs
Fee 4 days: \$80.00

JR. SPORTS CAMP - 5 - 6 yrs

Half day: 9:00-12:00pm or 1:00-4:00pm
Ages 5 - 6 yrs
Fee 4 days: \$80.00

(All fees are subject to HST)

REGISTRATION

By Phone: Registration will be accepted by phone with a Visa or Mastercard Payment. Please call our office at 416-201-8726.

By Mail: Registration will also be accepted by mail. Please enclose payment along with camper information and camp selection to:

HOCKEY 101 CHRISTMAS CAMPS
400 Kipling Avenue
Toronto ON M8V 3L1

Visit us online at
WWW.101sportsgroup.ca

Call 416-201-8726

LOCATION:

**MASTERCARD CENTRE
FOR HOCKEY EXCELLENCE**
400 KIPLING AVE ETOBICOKE



**CHRISTMAS
HOCKEY
CAMPS**



**THE MASTERCARD CENTRE FOR
HOCKEY EXCELLENCE**

Call 416-201-8726

Visit us online at
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Christmas Camp December 20th-23rd and 27th-30th 2010

BOYS AND GIRLS HOCKEY CAMP - 7 - 12 yrs

This program features daily on ice sessions (2 sessions for full day programs, 1 session for 1/2 day program) which covers power skating, edge control, puck handling and shooting.

Off ice sessions include a full mix of sports and games, off ice conditioning challenges and team building activities.

Full day: 8:30am - 4:00pm

Ages 7 - 12 yrs

Fee 4 days: \$220.00

Daily: \$60.00

(MEAL PLAN AVAILABLE)

Half day: 9:00-12:00pm or 1:00-4:00pm

Ages 7 - 12 yrs

Fee 4 days: AM = \$140.00, PM = \$120.00

Daily: AM = \$40, PM = \$35.00

JR. HOCKEY CAMP - 5 - 6 yrs

This program is designed for younger players to help develop and improve hockey skills. Included is a one hour daily on ice session, plus a fully supervised off ice program featuring, sports, games and crafts.

Half day: 9:00-12:00pm or 1:00-4:00pm

Ages 5 - 6 yrs

Fee 4 days: \$120.00

Daily: \$30.00

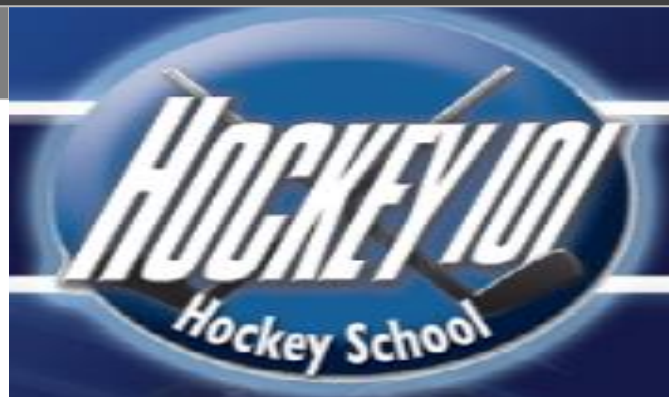
ON ICE CLINICS

Looking for some extra ice time over the holidays? Hockey 101 is pleased to offer daily power skating and hockey skills clinics for 1 hours each day.

Morning Session: 9:00 - 10:00am

Fee: 4 days: \$100.00

(All fees are subject to HST)



Christmas Camps 2010

Hockey 101 is please to bring quality hockey instruction in the sparkling MasterCard Centre!

Director: ALAN IOI

All Full Day Hockey Camps Include:

-  2.5 Hours on ice daily
-  Daily Power Skating sessions
-  Edge work and stick handling
-  Puck control and shooting
-  Dry land conditioning
-  Challenges and Plyometrics
-  Off ice sports sessions

WHAT TO BRING TO CAMP

- Full hockey gear
- Running shoes
- Water bottle
- Change of clothes (dress for the weather!)
- Please make sure all items are labelled
- Snack (peanut-free please)

GOALIE CAMP - 7 - 12 yrs

Our specialized goalie program is back for this christmas season featuring both full and half day

Full day: 8:30am - 4:00pm

Ages 7 - 12 yrs

Fee 4 days: \$220.00

Daily: \$60.00

(MEAL PLAN AVAILABLE)

Half day: 9:00-12:00pm or 1:00-4:00pm

Ages 7 - 12 yrs

Fee 4 days: AM = \$140.00, PM = \$120.00

Daily: AM = \$40, PM = \$35.00



101 CHRISTMAS CAMP SPECIALS!

EARLY BIRD DISCOUNT:

Register by November 30th, 2010 and receive a **10%** early bird discount!